YMCA WORLD SERVICE

PICTURE OF THE MONTH

Better Food for Better Health in Ecuador. Stan Susan, new YMCA World Service man in Ecuador, watches women volunteers kneed and shape rolls at the Chimbicalle Branch of Quito's YMCA. This Branch is located in one of the poorest sections of the city. The women are members of the YMCA's Mothers' Club. Twice a week, they come to the Y to make 500 rolls for the families of the 100 club members. CARE provides the ingredients which are top quality, providing nutrients often missing from their diets. A local baker donates the use of his ovens. The project is one of several conducted by this self-governing Y club. There are classes in literacy, nutrition, and pre-and-post natal care. Still less than ten years old, Quito's YMCA in Ecuador is a leader in the field of community development.

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